

Inner Alchemy: PainBody Re-Patterning



“PainBody Re-Patterning is the ability to find the negative subconscious patterns in your physical body. Finding and transmuting these patterns will change your life”...Berto

Energy batteries runny a bit low?

Is your physical body in Pain?

Are you battling with emotional / mental Trauma?

Do you feel spiritually drained and exhausted?

Do you feel your aura and chakras are a bit dull?

Are you feeling purpose-less or lost in life?

Are you bored of processing the same stuff?

This workshop was designed to assist you to clear **pain** out of your physical, emotional, mental and spiritual bodies. You will learn a quick way to access the PainBody to clear stuck energy.

In Buddhism all suffering is seen as a quality of the mind

There are four main types of pain or suffering:

- Physical pain
- Emotional pain
- Mental pain
- Spiritual pain

The pain of these four energies when out of balance creates the PainBody.

What is the PainBody?

The PainBody is an accumulation of stuck energy related to all the hurtful things that have happened to you in your past, that you have not cleared (Remember processing is not clearing).

What is the ShadowBody?

The ShadowBody is a created energy pattern related to your negative ego. It is fed daily with the pain that your PainBody is carrying. It uses this energy to sabotage your spiritual growth.

In Essence, if you clear your PainBody,
you will clear your ShadowBody
and in turn will live
a more harmonious life.

What does physical pain create:

- imbalance in your aura and chakras
- lowers your vibration
- clouds your intuition
- creates confusion and fear
- creates anxiety
- regresses you into your hurtful past

What you will learn:

- You will learn advance energy clearing techniques to eliminate and clear pain or suffering.
- You will learn various new energy balancing techniques to align your energy to your Highest Source.
- You will learn how to create healing intentions that will help you to reset your subconscious mind while you are asleep.
- You will learn how to activate the energy of your crystal body.
- You will learn how to channel the energy of your soul ray.

The PainBody Re-Patterning Sequence:

Measure: Learn how to measure your energy.

Access: learn to access your pain body.

Surrender: learn to find the pain pattern.

Reset: learn how to reset and clear your PainBody.

Included in this course:

- Access to Guided meditations and energy activations specifically created for this course
- Recorded Guided Energy Scanning Technique
- Recorded Guided PainBody Technique

Venue. : Essence, 18 Avon road, Diep River

Date : Saturday, 28 November

Time : 13:00 to 16:30

Cost : R1500 per person

- Space is limited to 6 participants in order to guarantee personal attention. (Covid compliance)
- Only Your payment secures your booking.
- Please book, pay and register on:

<https://www.essencect.com/workshop-bookings>

Berto & Tamar

Essence

082 556 7400

081 727 9939

www.auraessence.co.za

www.essencect.com

Ps: this workshop was created for light hearted seekers of wisdom, your beliefs will get challenged, your mind will expand, and your heart will open. And you will clear your pain....